

# BABY FRIENDLY HOSPITAL INITIATIVE WORKSHOP



Organized by

**CHRISTAG/SILFAG**

in collaboration with

**THE MINISTRY OF HEALTH  
& SOCIAL SERVICES, WHO & UNICEF**

at the

**Miatta Conference Centre**

on

**15 - 16 JULY 1992**

# PROGRAMME

15 JULY 1992

- 09:00 - Registration
- 09:30 - Devotion
- 09:35 - Welcome and Overview  
- Dr. Bailah Leigh  
- *Chairman*

## SESSION I

- 9:45 - The Baby Friendly Hospital Initiative  
- *Mrs. Bertha Jackson*  
- Presentation/Discussion
- 10:15 - Situational Analysis of Breast Feeding in Sierra Leone  
- *Dr. Malamah-Thomas*  
- Group Work/Group Presentation

12:00 - LUNCH

Ten steps to successful breast-feeding:

Every facility providing maternity services and care for newborn infants should:

1. Have a written breast-feeding policy that is routinely communicated to all health care staff.
2. Train all health care staff in skills necessary to implement this policy.
3. Inform all pregnant women about the benefits and management of breast feeding.
4. Help mothers initiate breast-feeding within a half-hour of birth.
5. Show mothers how to breast-feed, and how to maintain lactation even if they should be separated from their infants.
6. Give newborn infants no food or drink other than breast milk, unless medically indicated.
7. Practise rooming-in - allow mothers and infants to remain together-24 hours a day.
8. Encourage breast-feeding on demand.
9. Give no artificial teats or pacifiers (also called dummies or soothers) to breast-feeding infants.
10. Foster the establishment of breast-feeding support groups and refer mothers to them on discharge from the hospital or clinic.

3.15 - Tea Break

3:30 - Social Mobilization

*Mr. M.B. Jalloh*

3:45 - Group Work

5:00 - End of Day One

16 JULY 1992

9:00 - Consolidation of Group Report

10.45 - Tea Break

11:00 - Presentation of Group Reports  
and Resolutions

1:00 - LUNCH

2:00 - Exhibition

3:00 -

***Closing ceremony***

Prayers

Rev. D.M. Speck

*Member Working Group,  
CHRISTAG*

*Alhaji Sheik Abubakarr Conteh  
Member, ISLAG*

Introduction of Chairperson  
Mrs. Princess Roberts  
*Secretary, CHRISTAG*

Remarks by Chairperson  
Dr. G. Komba-Kono  
*Chief Medical Officer*

Remarks  
Dr. E.K. Njelisani  
*WHO Representative*

Remarks  
Mr. Fida H. Shah  
*Programme Officer  
UNICEF*

00:30

Remarks  
Major Dr. Akim Gibril  
*Ministry of Health & Social Services*

Presentation of Strategies  
Dr. Bailah Leigh  
*Chairperson*  
*Baby Friendly Hospital Initiative Committee*

Launching of Baby Friendly Initiative  
Mrs Omoyeni Mends  
*President*  
*National Council for Children*

Vote of Thanks  
Ms. Thelma Morgan  
*Secretary*  
*Baby Friendly Initiative Committee*

**REFRESHMENT**

**SESSION II**

1:00 - Breast Feeding Practices in the Hospital and Community Panel Discussion

**Panelists:**

Representative - Traditional Birth Attendant

Representative - P.C.M.H

Sr. M. Carew - Lumley Health Centre

Representative - Netlands Nursing Home

Mrs. Adesimi Betts - School of Midwifery

**Moderator:**

Dr. L.H. Kabba

2:30 - Promoting, Protecting and Supporting Breastfeeding  
*Dr. Olubumi Robbin-Coker*